# **LUNCH MENU**



### **SNACKS**

SALT & VINEGAR BEEF QUAVERS 95kcal £3.00

PAN DE BONO & CHIMICHURRI V 347kcal £3.50

TRUFFLE MAC & CHEESE CROQUETTES V 387kcal £4.00

#### MARINATED OLIVES V Ve 72kcal £2.50

EMPANADAS £5.00 Beef 236kcal Sweet potato & provolone 231kcal Haggis 282kcal

### **STARTERS**

ARGENTINE LOCRO 270kcal £6.00 Winter soup, osso buco, white corn, sweet corn, pumpkin

BEETROOT CEVICHE V M 135kcal £6.00 Heritage beetroots, mango nectar dressing, red onion, chilli, coriander, nasturtium

**SALMON TIRADITOS** 135kcal £6.50 White soy and citrus dressing, crispy shallots AVOCADO CAPRESE SALAD V 487kcal £8.50 Burrata, heritage tomatoes, kale pesto, early harvest olive oil

**CHIPOTLE BBQ CHICKEN WINGLETS** 565kcal £7.00 Spring onion, chimichurri ranch

**PRAWN CAUSITA** 277kcal £6.00 Salsa Gulf, aji panca mash, apple

### MAINS

All served with a choice of chips, mash or seasonal salad

CUMBERLAND SAUSAGE & MASH 976kcal £10.50 Red wine jus

BEEF & GUINNESS PIE 577kcal £9.50 Served with Malbec reduction

SUN-DRIED TOMATO MAC & CHEESE V 842kcal £9.00 House salad

FISH & CHIPS 846kcal £11.50 Beer batter, lemon aioli

**STEAK SANDWICH** 353kcal £13.50 Beef and malbec reduction, fried onions, dijon mayonnaise

PAN FRIED SALMON STEAK 629kcal £18.00 Salad, lemon BEEF MILANESE 446kcal £10.50 Fried egg

STEAK FRITES 691kcal £16.50 Sirloin, chimichurri

**GRILLED CHICKEN SALAD** 427kcal £11.00 Avocado, pickled shallots, plum tomato, cherry blossom vinegar

MARINATED CAULIFLOWER STEAK V 325kcal £12.00 Chive oil, lemon

#### GAUCHO BURGER 906kcal £14.50

100% Argentine beef patty, brioche bun, cherry tomato jam, baby gem lettuce, onion, mayonnaise

### SUSTAINABLE STEAKS | All steaks include a side and sauce of your choice

As part of our roadmap to becoming net zero, the beef offering in our venue is 100% carbon neutral. Whilst we work to reduce our carbon footprint at source, we have partnered with the 'Not For Sale' charity to support carbon offsetting reforestation projects in the Amazon, taking local people out of danger of modern-day slavery

#### ANCHO

RIBEYE Delicately marbled throughout for superb, full-bodied flavour

### CHORIZO

SIRLOIN Tender yet succulent with a strip of juicy crackling

### LOMO

FILLET Lean and tender with a delicate flavour

225g £36.00 | 321kcal 300g £43.50 | 426kcal 400g £57.00 | 566kcal

#### CUADRIL

RUMP The leanest cut with a pure, distinctive flavour

225g £19.50 | 287kcal 300g £25.00 | 381kcal 400g £32.00 | 505kcal

## 400g £40.50 | 1020kcal 500g £45.00 | 1273kcal

300g £34.00 | 767kcal

225g £22.50 | 581kcal 300g £29.50 | 607kcal 400g £38.00 | 808kcal

### **SPECIALITY CUTS**

#### **TIRA DE ANCHO**

Spiral cut, slow grilled with chimichurri

#### CHURRASCO DE

CHORIZO Spiral cut, marinated in garlic, parsley and olive oil

500g £47.50 | 1415kcal 800g £70.00 | 2228kcal 300g £33.50 | 870kcal 500g £45.00 | 1296kcal

#### **CHURRASCO DE LOMO**

Spiral cut, marinated in garlic, parsley and olive oil

#### **COLITA DE LOMO**

Spiral cut fillet tail

400g £57.50 787kcal

300g £41.00 | 426kcal

### SIDES

CHIPS V Ve 226kcal £4.50 Thyme salt

SAUTÉED BROCCOLI 221kcal £4.50 Confit garlic, roasted almond, lemon zest

MAC & CHEESE 🛛 358kcal £4.50 Truffle, mozzarella, taleggio, gruyere, lemon herb crumb SPINACH V Ve 131kcal £4.50 Garlic, lemon

FRITES V 265kcal £4.50 Grated parmesan

#### TOMATO SALAD V 129kcal £4.50 Cherry blossom vinegar, shallot, chive cress



ALLERGEN INFORMATION

Scan the QR code to find out more about allergen details V Vegetarian Ve Vegan

Please be advised that all our food is prepared in an environment where allergens are present. We will take every precaution when preparing your food, but there is a risk of potential cross contamination of allergens. Please let us know if you have any allergies or intolerances including those additional to the core 14. We are happy to provide you with any allergen information you need. Adults need around 2000 kcal a day. All prices include VAT and a discretionary 12.5% service charge will be added to your bill

### DESSERTS

STICKY APPLE & DATE PUDDING V 612kcal £6.00 Calvados infused toffee sauce and double cream

AFFOGATO V 209kcal £5.00 Espresso, dulce de leche ice cream almond biscuit

CHOCOLATE VOLCANO 108kcal £6.50 Pistachio ice cream CHOCOLATE BROWNIE V Ve 328kcal £6.50 White chocolate ice cream

ARGENTINE ICE CREAM V 402-650kcal £5.00 Selection of flavours

### **OUR STORY**

#### The Gaucho food and wine menus are a reflection of modern Argentina.

Our beef comes from Argentinian, premium Black-Angus cattle bred at hand selected farms, reared by our partners who we have worked with for many years. Grazing on seventeen different types of grass from the Pampas provinces – with everything they eat being 100% natural – our cows enjoy a lush, free-range lifestyle in an area famed for its fertile soil. As part of our commitment to becoming a net zero business and in the first project of its kind, we have worked with the Carbon Group to gather carbon emission data at our cattle farms in Argentina, empowering all farmers and ranchers to participate in and learn from the results. Alongside the production of beef, transport from farm to table is also being mapped, allowing us to have complete overview of the supply chain and carbon footprint of our beef offering, which through reforestation projects is now 100% carbon neutral in all our restaurants.

Ever evolving, both our food and wine are authentic and diverse (the largest selection of Argentinian wines outside of the country, as well as the recent addition of some of the finest global wines the world has to offer) and our service, second to none.

Our collection of restaurants in the UK has grown across London to cover the city, central and neighbourhood sites such as Hampstead and Richmond as well as restaurants in Leeds, Manchester, Birmingham, Liverpool, Glasgow and Edinburgh.

We aim to create experience beyond dining, with a unique and educated style. The affordable side of impressive.

Enjoy your time at Gaucho.